



Říčany, January 23, 2010, Czech Republic

Dear Instructor, Coach and Competitors,

I am glad to invite you once again to an International Taekwon-Do ITF Championship Best of the Best 2010. This event was held sixth times and athletes from Czech Republic, Slovak Republic, Slovenia, Bosnia, Rumunia, Austria, India, Belarus and Latvija were present.

This year it will take place again in the Sport Hall in Ricany - 10. april 2010.

We hope it will be a remarkable weekend of martial arts and a beautiful experience both for you and your competitors.



Looking forward to seeing you in Říčany
Vladimír Machota
President of the Organizing Committee



INVITATION

- Held on:** April 10, 2010
- Held at:** Sport Hall in Říčany, located in a region Praha-východ (Prague east)
- Organizer:** School of Taekwon-Do ITF Kwang Gae in cooperation with Czech National Union of Taekwon-Do ITF
- Director of the event:** Mr. Viktor Stein
- Head of referees:**
Taekwon-Do: Mr. Vladimír Machota
- Doctor:** MUDr. Novotný
- Fees:** *Registered members of ČNUT-ITF:*
500,- CZK (20 Euro) for folowing categories – Matsogi (sparring), Tul (Patern), Wi Rok (Power test), Tuk Gi (Special Techniques). 100,- CZK (5 Euro) for each additional category as a highest sparring categories, junior to senior categories and so on.. For categories, see "Registering for categories".
- Registration at:** **Friday 9. 4. 2010** from 17.30 to 19.30 (Training hall Základní škola Bezručova ulice - Černokostelecká ulice (infront of 3A mobile service)
- Saturday 10. 4. 2010** from 8.00 am to 9.30 am
- Opening ceremony:** 10.00
- Gala program:** 17.00
- Closing ceremony:** 21.00



Taekwon-Do Competition

Divisions: children, juniors, seniors

Patern - Tul

Boys from 8 to 15 years of age

(Minimal age limit must be reached at least at the day of the competition, maximal limit must not be exceeded up to the day of the competition)

9 - 8. grade, 7 - 5. grade, 4 - 3.grade, 2 grade to I. Degree

Girls from 8 to 15 years of age

(Minimal age limit must be reached at least at the day of the competition, maximal limit must not be exceeded up to the day of the competition)

9 - 8. grade, 7 - 5. grade, 4 - 3.grade, 2 grade to I. Degree

Junior male from 15 to 18 years of age

(Minimal age limit must be reached at least at the day of the competition, maximal limit must not be exceeded up to the day of the competition)

9 - 8. grade, 7 - 5. grade, 4 - 3.grade, 2 grade to I. Degree

Junior female from 15 to 18 years of age

(Minimal age limit must be reached at least at the day of the competition, maximal limit must not be exceeded up to the day of the competition)

9 - 8. grade, 7 - 5. grade, 4 - 3.grade, 2 grade to I. Degree

Male above 18 years of age

(Must be of the given age at the day of the competition)

9 - 8. grade, 7 - 4.grade, 3 – 1. grade, 1. grade and above

If there are more than six black belts present, special black belt only category will be opened

Female above 18 years of age

(Must be of the given age at the day of the competition)

9 - 8. grade, 7 - 4.grade, 3 – 1. grade, 1. grade and above

If there are more than six black belts present, special black belt only category will be opened

Sparring - Matsogi

Boys from 8 to 15 years of age

(Minimal age limit must be reached at least at the day of the competition, maximal limit must not be exceeded up to the day of the competition)

Up to 130 cm, up to 140 cm, up to 150 cm, up to 160 cm, above 160 cm.

Girls from 8 to 15 years of age

(Minimal age limit must be reached at least at the day of the competition, maximal limit must not be exceeded up to the day of the competition)

Up to 130 cm, up to 140 cm, up to 150 cm, up to 160 cm, above 160 cm.

Junior male from 15 to 18 years of age

(Minimal age limit must be reached at least at the day of the competition, maximal limit must not be exceeded up to the day of the competition)

Up to 52kg, to 58kg, to 63kg, to 70kg, above 70kg.

Junior female from 15 to 18 years of age

(Minimal age limit must be reached at least at the day of the competition, maximal limit must not be exceeded up to the day of the competition)

Up to 42kg, to 48kg, to 53kg, to 60kg, above 60kg.

Male above 18 years of age

(Must be of the given age at the day of the competition)

Up to 54kg, to 63kg, to 71kg, to 80kg, above 80kg.

Female above 18 years of age

(Must be of the given age at the day of the competition)

Up to 52kg, to 58kg, to 63kg, to 70kg, above 70kg.

Best of the Best _____

Special Category of Matsogi, all weights (you shall got the nomination by the organising committee)

Best of the Best _____

Special Category of Tul, all grades and degrees (you shall got the nomination by the organising committee)

Special Techniques **Special Category of Breaking in the jump**

Model Sparring _____

Male, Female, Both Male and Female, Children, Juniors, Seniors.

SPECIAL TECHNIQUES - TUK GI

Childs

- Twimyo Nopi Chagi 200cm, Twimyo Nopi Dollyo Chagi 190cm, Nuomo Chagi 200 cm výška překážky 50 cm.

Juniors - female

- Twimyo Nopi Chagi 220 cm, Twimyo Nopi Dollyo Chagi 210, Bandae Dollyo Chagi 210, Twimyo Dollmyo Chagi 210, Nuomo Chagi 250 cm výška překážky 70 cm.

Juniors - male

- Twimyo Nopi Chagi 230 cm, Twimyo Nopi Dollyo Chagi 220, Bandae Dollyo Chagi 220, Twimyo Dollmyo Chagi 220, Nuomo Chagi 250 cm výška překážky 70 cm.

Seniors - female

- Twimyo Nopi Chagi 230 cm, Twimyo Nopi Dollyo Chagi 220, Bandae Dollyo Chagi 220, Twimyo Dollmyo Chagi 220, Nuomo Chagi 250 cm (70 cm.)

Seniors - male

- Twimyo Nopi Chagi 250 cm, Twimyo Nopi Dollyo Chagi 220, Bandae Dollyo Chagi 220, Twimyo Dollmyo Chagi 220, Nuomo Chagi 300 cm (70 cm.)

Model Sparring

- Competitor with 8. Kup up to 6. Th Degree only
- Male, female and/or both
- Model sparring should be minimum 50 sec up to maximum 60 sec with exception childrens categories.
- Only fundamental exercises, pattern techniques and movements as is shown on the seminars and CD-DVD Roms for international instructors.
- Rhythm of the sparring movement can be slow, fast, consecutive, continuous as is in the patterns and basic sparrings. All Taekwon-Do techniques is allowed.
- Techniques which is not in the encyclopedia of Taekwon-Do (by gen. Choi Hong Hi) is not allowed.

Timing of the model sparring

Child male – female 30 – 45 sec

Juniors male – female 40 – 50 sec

Seniors male – female 50 – 60 sec

Please read carefully - Sparring Rules

Target area

1. Head and neck area at the front and sides but not at the back.
2. Trunk of the body from neck to navel vertically and from a line drawn from the armpit vertically down to the waist on each side (that is frontal area only, excluding the back).
- 3.

Point award

- a. One (1) point will be awarded for:
Hand attack directed to mid or high section.
Hand attack while in air (both feet must be off the ground) directed to mid section.
Foot attack directed to mid section.
- b. Two (2) points will be awarded for:
Foot attack directed to high section.
Hand attack while in air (both feet must be off the ground) directed to high section.
Jumping or flying kick directed to mid section.
- c. Three (3) points will be awarded for:
Jumping or flying kick directed to high section.

- a. One (1) point will be awarded for:
Hand attack directed to mid or high section.
Flying hand attack directed to mid or high section
- b. Two (2) points will be awarded for:
Foot attack directed to mid section.
Jumping or flying kick directed to mid section.
- c. Three (3) points will be awarded for:
Foot attack directed to high section.
Jumping or flying kick directed to high section.

Scoring procedure

In competition a technique is valid when:

- a. it is executed correctly.
- b. it is dynamic, that is to say it is delivered with strength, purpose, rapidity and precision.
- c. it is controlled on the target.

Disqualification

- a. Misconduct against officials or ignoring instructions.
- b. Heavy contact.
- c. Committing three (3) fouls.
- d. Any competitor being under influence of alcoholic beverages or drugs.

Fouls

One point will be deducted for the following offences:

- a. Loss of temper.
- b. Insulting an opponent in any way.
- c. Biting, scratching.
- d. Attacking with the knee, elbow or forehead.
- e. Attacking a fallen opponent.
- f. Attack to an illegal target with contact.
- g. Contact.

Warnings

Warnings will be assigned for the following offences:

- a. Attack to an illegal target.
- b. Stepping completely out of the ring (both feet).

- c. Falling down, whether intentional or not (this means any part of the body, other than the feet, touching the ground).
- d. Holding/grabbing/pushing.
- e. Leg Sweeping.
- f. Faking a blow, pretending to be injured to gain an advantage.
- g. Intentionally avoiding sparring.
- h. Pretending to have scored a point by raising the arm.

N.B.: The sum of three (3) warnings automatically means deducting one (1) point.

N.B.: If an athlete is pushed out of the ring with intent (without undergoing a technique) then he will not receive a warning.

Injury

- a. When a competitor is injured, the Centre Referee must stop the match and call the Doctor. The Doctor must diagnose and decide within two (2) minutes about the match and competition continuation. A total of four (4) minutes is allowed to treat the wounds.
 - b. When a competitor cannot fight on because of Doctor's decision:
 - i. he/she is the winner if his opponent is responsible;
 - ii. he/she is the loser if his opponent is not responsible.
 - c. An injured competitor that is unfit to fight, cannot continue for the time/day(s) set according to the Doctor's decision.
 - d. A competitor that refuses to accept the Doctor's decision will be disqualified and taken out of the competition.
- If two competitors injure themselves at the same time and both are unfit to fight, according to the Doctor's decision, the winner is the contender that has more scored points at that moment. If the competitors are even, the Ring Council will decide about the bout.

Registration for categories

The starting fee entitles the competitor to start in one category in fight and one category in forms. It is possible to start in additional categories, where the competitors meet the requirements. For each additional category 100 CZK is charged.

Prices

Competitors placed at 1st, 2nd or one of the 3rd places will receive medal and diploma. The winner in junior and senior categories, where there are more than four competitors, receives a cup. The best competitor in each of children, junior and senior division will receive a cup. If there is more than one competitor with the same score in any respective division, no Best Competitor award is given out.

Scoring for the Czech National Taekwon-Do League

Best of the Best is an independent competition, where 1st to 3rd places are individually awarded.

The same scoring rules as in a regular League round apply. If a medal is received by a competitor from another martial art, the scoring for the League is done only according to the Taekwon-Do practitioners present in the category.

The scoring is as follows:

1st place - 4 points, 2nd place - 3 points, 3rd place - 2 points, 4th place - 1 point.

If a competitor starts in a second category in the same division, only the results from the base category are considered (the one where he would start by default)

Refrees

Every school has to ensure at least one qualified referee (see the Rules and Regulations of the Sport Committee). If the club cannot bring in a qualified referee, it must at least ensure

one holder of 4th grade and above to be available for help to Organizing Committee (to help with result records, time-keeping and other services)

A small refreshment is prepared for all referees. The Central and Corner referees receive appropriate payment.

Safety equipment

Compulsory safety equipment is as follows:

Hand protection with covered fingers and opened palms, foot protection, gum shield, suspensor for male.

Optional safety equipment is as follows:

Shin protection, head protection, breast protection for female.

Insurance Each competitor must have a valid health insurance.

Sponsors

Sponsor logos must be placed in such a place where it does not obscure the ITF signs and must not be bigger than 70 cm square

Banners bigger than 1m square may be placed at the front facing wall and near the rings and doors only with agreement of Organizing Committee. Banners bigger than 10m square will be charged and accepted only by the Head of the Organizing Committee.

Meals

There is a small restaurant in the hall. In the close vicinity of the hall (up to 500 metres) a number of restaurants can be found.

Party

All participants is welcome to the banquet after competition (small refreshment includet nonalkoholic drinks – for free). The banquet will be held at saturday at 21.30 in Sport bar Riviera – Černokostelecká str. Říčany.

Applications

Please send the application by fax to the 323 60 30 64 or email to viktor.stein@seznam.cz, cz.itf@seznam.cz, or send SMS to 606 55 11 39.

!!!! Deadline is 08.00 pm, Monday 29. March, 2010 !!!!

Please fill in the name of the competitors, date of birth and weigth. The children should also state their height. Next fill in please their technical level, requested categories and if you apply for accommodation. The accommodation can be booked at Penzion Sedmikraska, in hotel Oáza or in another pension not far from the hall. The accommodation basically differs by the level of services. For details please contact the Organizing Committee.

The Application form is enclosed.

Looking forward to seeing you
On behalf of the Organizing Committee
Vladimír Machota 6. Degree



Competitors list

Taekwon-Do ITF Competition

School:

Contact person:

Referee:

[illegible]

Accommodation and Meals			
Accommodation	numbers	Meals	numbers
Friday to Saturday:	/	Friday:	/breakfast: supper:
Saturday to Sunday:	/	Saturday:	/breakfast: supper:
Sunday to Monday:	/	Sunday:	/breakfast: supper:

Accomodation:

Pension Sedmíkráska cca 25 Euro Per person per night. Hotel Oáza cca30 Euro Per person per night

Deadline is 08.00pm, Monday 29. March 2010

Please enter any message, comments or requests:

Sponsoring the International Taekwon-Do Championship Best of Best 2010:

Presentation of the company, its products or services in the scope of the competition.

1. Placing the company logo in the hall

- Logo up to 1 x 1 meter or equivalent area placed 150 centimeter behind the central referee table 700 CZK
- Logo bigger than 1 x 1 meter or equivalent area placed 150 centimeter behind the central referee table 1000 CZK
- Logo placed on the ring referee table up to 50x50 centimeter or equivalent area: 300 CZK for each table, 800 CZK for all four tables.
- Logo placed at the Primary Sponsor Panel, up to 50x50 centimeter or equivalent area: 700 CZK
- Logo placed at the Primary Sponsor Panel bigger than 50x50 centimeter but smaller than 1x1 meter or equivalent area: 1500 CZK
- Logo placed at the Primary Sponsor Panel bigger than 1x1 meter or equivalent area: 2000 CZK
- Logo located at the diploma, 150 pieces: 1500 CZK
- Logo placed at all document and materials used by ČNUT: 1000 CZK

2. Placing a presentation standpoint

- In the hall during the competition away from the rings: 3000 CZK
- In the hall during the competition: 3500 CZK

3. Placing of the propagation materials (leaflets, banners, business cards, etc.)

- In the hall away from the rings during the competition: 300 CZK
- In the hall during the competition: 500 CZK

4. Presentation of the company, services or products at the Opening, Awarding or Closing Ceremony: 1500 CZK

5. Presentation of the company at the ČNUT website for one year: 5000 CZK

6. Presenting the firm, services or products as the General Sponsor of the International Taekwon-Do Championship Best of Best 2005. Price for Exclusive Sponsorship (eg. No other sponsor is permitted): 50 000 CZK. This type of sponsorship gives the sponsor the right to receive complete revenue of the Competition, after deducing the expenses for referees and Organizing Committee. Also the company becomes eligible for a priority partnership with the Czech National Team.

7. Naming the International Taekwon-Do Championship Best of Best 2010 with the company, service or product name.

- This year's championship : 90 000 CZK
- If a contract for this year's and next year is signed, discounted price make 100 000 CZK for both.

Further services of Czech National Union of Taekwon-Do ITF

1. Placing the logo, link or banner to the website of ČNUT (more than 7000 visitors in three months).
2. Placing the logo or advertisement on the sport suit, dobok (a competition suit), bag or t-shirt..
3. Placing the logo on an official documents template of ČNUT
4. Contract with the National Team on advertisement and exhibitions.
5. Presenting the company, services or products through the National Team
6. Estate and all other security services.
7. Introducing the company into business relationship with foreign teams and associations.
8. Introducing the company representative or partner into the International Taekwon-Do Federation

All of the above mentioned services can be combined based on mutual agreement. Further agreements concerning the Czech National League is possible.

For further information and cooperation contact Czech National Union of Taekwon-Do ITF at or +420 728 40 82 18 (Cze, Cro, Eng, Deu, Rus language) +420 606 55 11 39 only in Czech.

Contact person is Vladimír Machota or Mr. Viktor Stein